



EYELASH EXTENSION CARE

Your lash extensions are attached to your own individual eyelashes and will shed as your natural lashes shed. Maintaining your lash extensions will require regular visits (fill-in) to attach new extensions to your own eyelashes as your eyelash growth cycle regenerates new lashes.

With a few simple care instructions, you will be on your way to enjoying your luscious long lashes. To increase the longevity of your lashes, it is advised to avoid moisture and touching as much as possible.

BEFORE YOUR APPOINTMENT

- If you use waterproof mascara, avoid using it 2-3 days **before** your first appointment. The film it leaves on your lashes may prevent the extensions from adhering correctly
- Arrive to your appointment with **dry, clean lashes** and makeup-free eyes
- Remove contact lenses before your appointment
- Avoid caffeine, as this can cause fluttering and twitching of the eye which could lead to burning and discomfort from the adhesive
- Be prepared to lie down with your eyes very still for 2-3 hours for the first appointment

24-48 HOURS AFTER YOUR APPOINTMENT

- Do not get your lashes wet for 24 hours after the lash extensions are applied. It will affect the efficacy of the adhesive
- Avoid steam from showers, facials, saunas and swimming pools
- Avoid getting moisture around the eye area when washing face, showering, etc.
- Avoid tanning beds for 48 hours after application
- Avoid chemical peels, waxing or laser treatments around the eyes

GENERAL GUIDELINES TO EXTEND THE LIFE OF YOUR LASHES

- Avoid using oil-based skin care and makeup products around the eye, including mascara and makeup remover (*jane iredale* mascara is ok!)
- **Do not use** waterproof mascara. If you can, it is better not to use any mascara and you may find you don't even need it! Latisse is okay to use!
- Wash around the eye area with the recommended lash cleanser, even if you are not wearing eye makeup. Natural oils produced in the skin can affect the adhesive, so it needs to be cleansed daily
- Avoid rubbing your eyes or lashes, especially when washing your face. It is recommended to clean around the eye area with a washcloth or cotton swab
- **Do not use** an eyelash curler – it will pull off the lashes. One of the benefits of lash extensions is the ability to add curl to your lashes. If you would like more curl, please speak to your lash technician
- If you can, sleep on your back to avoid the risk of your lashes rubbing against your pillow
- Gently brush your lashes with a clean mascara wand to groom them – once or twice a day is sufficient, do not over brush. The best time to do this is after showering, as they will be softer and less likely to damage.
- Never trim your eyelashes. If you want them shorter, let your technician know at next appointment
- Avoid pulling your lashes, and do not attempt to remove yourself. If you would like them removed, please contact your lash technician
- Avoid sunscreens, especially spray sunscreens, around the eye area. Spray tans should be okay.
- Most eyeliners will be okay to use, except for gel pencil liners because they tend to be oily
- No cotton balls may be used around lashes
- If you experience any pain, redness or irritation, contact your technician immediately
- If you choose to use products outside those recommended by your lash specialist, you do so at your own risk

We have a lash care kit available for \$110.00 (regular value \$129) which includes:

V Lash Cleanser

Magic Mitt – removes makeup with just water

RapidLash – lash serum that helps lashes grow fuller, longer and stronger

Spoolie Brush – for lash grooming

jane iredale Jet Black Mascara – safe to use on tips of lash extensions to add length